

Equine Postural Rehabilitation

L= Lecture, D= Demonstration, P= Participatory exercise

Day One: Posture and Occlusion

8:30 Review of last session, questions (L) (P)

9:15 Posture and Occlusion: theory and current research (L)

COFFEE BREAK (10:00)

10:15 Alexander Technique workshop: occlusion (P)

11:15 Normal Equine Dentition (L)

LUNCH BREAK (12:30)

1:30 Why Dentistry Matters: Chiropractic implications of malocclusion (L)

2:30 Abnormal Equine Dentition (L)

COFFEE BREAK (3:15)

3:30 How to do an oral examination on a horse (P) *

4:30 Demonstration of equine dental treatment (D) *

Day 2: Posture and Hoof Balance

8:30 Postural contributions of distal extremities (L)

9:30 Alexander Technique workshop: foot balance (P)

COFFEE BREAK (10:30)

10:45 How to evaluate the equine hoof for structure and balance (D) (P)

12:00 A brief review of farrier tools and hardware (D)

LUNCH BREAK (12:30)

1:30 Practical evaluation and correction of the equine foot (P)

COFFEE BREAK (4:00)

4:30 Practical evaluation and correction of the equine foot (cont.)

SEMINAR DINNER (6:30)

Day 3: Putting Structure and Function Together

8:30 Muscle function: mobilizers and stabilizers (L)

9:30: Structures of the equine distal limb (dissection) (D) (P)

COFFEE BREAK (10:30)

10:30: Structures of the equine distal limb (dissection) (cont.)

LUNCH BREAK (12:15)

1:00: Review of Postural Rehabilitation Techniques (D)